



How to get tested

For a **free home test**, text **'SCREEN'** to **84010** with your name, address, age and **'M'** or **'F'** (male or female) or visit:

www.cambstakeatest.com

You can also request a test at your local **GP practice**, **pharmacy** or **contraception and sexual health service**.

For more **information** about sexual health services in **Cambridgeshire** please visit:

www.sexualhealthcambs.nhs.uk
or www.youthoria.org



Chlamydia
worth talking about



Chlamydia

is a routine screening test in pregnancy. If you are **under 25**, please ask your midwife or GP for a **do-it-yourself test**



Chlamydia
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Chlamydia and your baby

If you are **pregnant** and have **Chlamydia**, there is a chance that your **baby** will also contract the infection.

Chlamydia has been linked with premature delivery, low birth rate and infant pneumonia. Chlamydia may also cause Neonatal Conjunctivitis, an infection that can occur in your baby's eyes.

If you are pregnant, it is important that you and your partner are tested, even if you have no signs or symptoms of Chlamydia.

Treatment

If you are **pregnant**, ask to be **tested** for **Chlamydia** even if you do not have any symptoms and are not at high risk of infection. **Chlamydia** can be passed on to your **baby** and it is better to be aware of any infection before birth so that it can be properly treated before the baby is infected.

The Chlamydia test is **safe** during pregnancy and there is no evidence that the treatment will affect your baby.